

# The UU Church of Buffalo



*Gather*

*Inspire*

*Transform*

September 2018 Newsletter

695 Elmwood Ave. Buffalo, NY 14222

716-885-2136 [www.buffalouu.org](http://www.buffalouu.org)



## Faith Matters:

### What does it mean to be People of Vision?

Rev. Joan Montagnes

**Let's imagine our future together.** Not forever together, that's too big a bite to swallow. Let's imagine who we want to be and where we want to go over the next several months. What decisions do we want to make? How do we want to change? How will we bring more joy and depth to our days? What are our hopes as a living, breathing community?

**I do not ask this idly.** Even if the current federal administration wasn't swinging a wrecking ball through the delicate and precious relationships we have with our neighbors, within our families, the nation and around the globe; even if hatred and fear weren't a rising blood tide in society; even if blatant intolerable behavior wasn't now tolerated every day in every way with a shrug of the shoulders; this poor old world would be broken and imperfect and in need of our care. Even if every news report didn't tear at our hearts, we would still need a sanctuary of peace and each other's love.

**This is no time to drift rudderless in the sun** or to get hung up on all the tiny, daily opportunities for distraction. This isn't a time for finger pointing or random acts inspired by even more random good intentions. This isn't even a time to resist.

**If we are going to build the world of which we dream, this is the time to imagine our future together.** What better time for creatively envisioning our path together than at the beginning of the church year?



**Just for starters, I'll share some of my vision. Then you tell me some of yours.**

**Our shared dream will emerge as we speak and as listen.** Together we will begin to see beyond the horizon. This year I envision our congregation:

- **Discovering new ways to work for justice**

**Something big is coming to our church every second Tuesday of the month.** In August we were treated to an introduction to Peace Circles during a Sunday service. If you weren't there, Peace Circles help us find solutions to big problems. They also can be used to heal broken relationships. Peace Circles transform relationships and community by helping people grow and develop problem-solving skills. They offer a safe space for equitable power sharing and mutual respect. In times of conflict, Peace Circles are non-punitive. They require accountability while building consensus. They can be used to bring justice by bypassing the justice system, reducing incarceration and addressing the root of the conflict holistically. We will be holding Peace Circle trainings every month, not just for our church but for our wider community, as part of a growing network of restorative practice throughout the county. I see these trainings as a new way to transform our lives and the world for the better.

- **Loving our church building and its systems back into to its old beauty and forward into a new efficiency**

**This may sound dry, but we only need to conjure memories of a few years ago to the winter we had no furnace.** We sat in our pews bundled in parkas and mitts. Things are getting done around here. The boiler is fixed. The masonry project is getting started so it will no longer rain in the Community Room. The sanctuary is becoming more welcoming to people who use wheelchairs. The air conditioner that manages the temperature and humidity in the basement is being reconditioned to banish mold from our classrooms. And the storm drainage system is being unplugged to end the constant threat of flooding. Things are most definitely getting done around here and I see that trajectory continuing.

- **Deepening our spiritual life for nurture, comfort and inspiration**

**A few weeks away from my desk and computer this summer reminded me once again, that we all need time to breathe**, open ourselves to beauty, and experience moments of peace. It is food. Part of us dies without it. I see all ages of our congregation spending more time engaging in meaningful moments of rest and rejuvenation, so our hearts do not harden against the tempest of these days.

- **Creating more opportunities to build community**

**I have this fantasy of yet another fun way to boisterously, enjoy each other's company.** On first Sundays we have pancakes. On second Sundays we have soup. What do you think of a third Sunday baked potato bar? Imagine a tray after tray of baked potatoes steaming hot and ready to go. Beside these delicious bundles nestled in their brown jackets would be mountains of self-serve goodies of all sorts to top your tuber. Butter, S&P, sour cream (vegan available too), broccoli, cheese (vegan available too), green onions, chili, bacon bits (vegan available too), hot sauce... Really, your imagination is the limit. Designer spuds! Tantalizing taters! Roots worth rooting for! It's just an idea, but you get the picture. I see potatoes as a path to strengthening the love. Who wants to help me make this fantasy a reality?

**Truly, my vision for the coming year is outlined in the bold font.** The rest is just illustration and possibility. Moreover, my vision is just my vision. It is only one small part of our being a People of Vision together. Let's begin the dreaming, the conversations, and the creating.

**Yours in faith and affection, Rev. Joan Montagnes**



## Joys and Sorrows



**We send all our best wishes for a long and happy life to Collier Boyle.** Our congregation and his parents, Liz and Kevin, participated in his dedication ceremony on August 19.

**We send healing thoughts to Tony Keller.** Tony had knee replacement surgery in July and is recovering famously!

**It is with great sadness that we acknowledge the death of a beloved member. Becky Moffat passed away on July 18.** Becky had a big, joyous heart. She sang in the choir for many years and was active in the Women's Society. A service celebrating Becky's life will be held on Saturday, October 13, at 11:00 am at our church.



**Pulpit Previews**  
**What does it mean to be a People of Vision?**  
**Worship Schedule**  
**September 2018**

**September 9**      **A Bold New Wave**      **Rev. Joan Montagnes and Sarah Martin**  
 Fresh from our summer dreaming and relaxation, we gather again as a community. Uncharted seas, as always, lie before us. Let's set sail! This is our annual water communion ceremony.

**September 16**      **Finding Clarity**      **Rev. Joan Montagnes**  
 Our vision is often muddied by regrets of yesterday, trivial distractions of today, and anxiety about tomorrow. Seeing through the muck to life's most important offerings can be a challenge.

**September 23**      **The Long View**      **Rev. Joan Montagnes**  
 Allegedly, the poet Pablo Neruda wrote "Even now, as always, it is still early." How comforting. We still have more than a chance to do it all. We just need to shift our point of view to beyond the horizon.

**September 30**      **Transforming the Future**      **Whitney Walker**  
 Whitney Walker is the Executive Director of VOICE-Buffalo our local faith-based community organizing network. She has a powerful vision of how an interfaith community of congregations in Buffalo and Erie County can organize for social change.

**Memorial Service for Becky Moffett**  
**Saturday, October 13, 11:00 am**

**A memorial service and reception for our dear, long-standing choir and church member, Becky Moffett, will be held at the UUCB, Saturday, October 13, at 11:00 am.**

She died peacefully at her new home in Morgantown, WV, on July 18, at age 90. Becky is survived by her husband of 66 years, Warren C. "Moff" Moffett, her brother, two daughters, four grandsons, and her brother. In May, she and Moff moved to West Virginia to be closer to her daughter, Kathy.

**If you would like to volunteer to help with the reception, please contact Lucy Sloan, [lsloan4525@aol.com](mailto:lsloan4525@aol.com) or Nancy Wilkins, [nlaurienwilkins@yahoo.com](mailto:nlaurienwilkins@yahoo.com).**





# Religious Education and Fall Events

Sarah Martin, Director of Religious Education

## It's September, and the start of a new Religious Education year!

**We are launching an ambitious program schedule this fall and UUCB members have been outstanding in their enthusiasm for it.** We have filled nearly every volunteer slot except for a few. If you're looking for a way to serve the UUCB community, volunteering in the Religious Education program just might be for you. Full teaching teams mean that no one has to volunteer more than twice a month and some classes are only looking for once-a-month volunteers. Donating your time and talent to the RE program helps build connections with the children and youth of our congregation and helps you to strengthen your UU values while you share those values with the next generation of Unitarian Universalists.

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**Here are the needs we still have as we enter into our program year this fall:**

### Kindergarten – Grade 5 Workshop Class

**Our workshop class was developed for our very active students** and provides them with movement activities they can utilize throughout the class period as well as a reading nook and handwork station. This class follows a rotation of workshop topics: Art, Music, Science, and Social Action. We are still in need of volunteers to help run our Art and Science Workshops. There are 8 art workshops this year, occurring on the first Sunday of each month from September to May, and 4 science workshops, occurring on the fourth Sundays of September, October, January, and April.

**Each month, the art or science workshop will include activities in line with our monthly ministry theme.** For example, September's ministry theme is Vision, so the science workshop might be on the science of sight, the light spectrum and rainbows, or an exploration of the science behind the Avenger's character Vision. Creativity is key in this classroom!

**If you would like to volunteer for this class, you can choose either art or science workshops** (you don't need to commit to every workshop to volunteer), and you can elect to either design your own lesson, or simply facilitate a lesson created by the Director of Religious Education

### Youth Group

**We are seeking two additional youth advisors for our high school youth group this year.** Our youth are a bright, politically savvy, and engaging group of young people who meet every Sunday during the service to check in, discuss current events and spiritual topics, and plan for church activities, social justice projects, youth cons, and the youth-led service in the spring.

**Youth advisors are a vital part of our church's ministry to young members of our congregation.** By some estimates, only 10% of UU youth remain Unitarian Universalists into adulthood. A strong youth program helps send the message that this is our youth's home, that we support and honor their search for truth and meaning, and that they *belong*.

**We would especially like advisors who could occasionally accompany youth to cons** at various congregations across the state. Youth cons are weekend-long events that the youth look forward to all year. They are a wonderful opportunity to meet new people, engage in deep conversation with UUs from different areas, and sit back and experience the awe and wonder of watching our youth create something much bigger than all of us.

**If either of these opportunities look good to you, or you would like more information** about how you can be a part of our Religious Education program, please email Sarah Martin at [lifespan@buffalouu.org](mailto:lifespan@buffalouu.org) or inquire at the Religious Education table in the Parish Hall on Sunday mornings.

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## **But Sunday morning is not the only time Religious Education is happening!**

**In fact, we have a variety of activities this fall and winter for all ages!** Everyone is welcome to attend the following events. Look to upcoming email updates for details.

### **October 6 – My Promise, My Faith**

**Girl Scouts of all levels from our congregation are invited** to join us in the Parish Hall from 10:00 am – 1:00 pm to work on earning the My Promise, My Faith pin.

### **October 27 – Halloween Party**

**Join us from 6:00 – 8:00 pm in the Parish Hall for a potluck** Halloween party. The youth will create a spooky haunted basement and lead tours from 6:30 – 7:30 pm.

### **November 4 – Lantern Making**

**After the service, join us in the Parish Hall** to make lanterns in anticipation of next week's event.

### **November 10 – Lantern Walk**

**We'll meet at sundown at Delaware Park** (near the playground by the statue of Lincoln) to walk with our lanterns and sing songs together. After the walk, we'll head back to the church for snacks, hot cider, and tea!

### **December 1 – Advent Spiral**

**Join us at either 4:00 or 6:00 pm for this yearly favorite event.** The Advent Spiral is a meditative walk to the center of a spiral of pine boughs, where we light our candles and symbolically bring our light out into the spiral. The 4 pm spiral is geared toward families with young children, but everyone is welcome at either spiral.

### **December 21 – Santa Claus Potluck**

**Join us in the Parish Hall from 6:00 - 8:00 pm for a potluck dinner,** carols, and a visit from Santa!

### **December 31 – Early New Year's Eve Party**

**This potluck party is full of New Year's games and festivities,** along with an early ball drop at 6:00 pm!

## September 2018 Music Notes

Daniel Bassin, Music Director



As we turn from the sun-drenched summer to the start of our next church year, there is much to be excited about, and the return of your UUCB Choir to their role in complementing each weekly message with uplifting and inspiring music is certainly something I'm truly looking forward to! We had a wonderful summer season at our church, including the opportunity to feature UUCB's own Benjamin Havey as guest keyboardist during Su Lee's August vacation. And, after our annual Choir Picnic, complete with the coolest cupcake display I've ever seen (yes, that is a musical quote from Ellington's *Sacred Concert*) commemorating the end of my fifth year as your music director – I just can't wait to get back to work with my colleagues!



*At their annual summer picnic, the choir presented Maestro Dan with a cake (created by Leo Mitchell) celebrating his 5 years of inspired and inspiring leadership.*

September 9 marks the start of our church year, with **Ingathering Sunday**. The Choir will offer up both **Brian Tate's** arrangement of *"The Water is Wide"* for Water Communion and **Alice Parker's** *"Song of Peace - V' chit' tu"*, in honor of Rosh Hashanah, which begins at sundown that day. Service music will also feature the *"Hornpipe"* from **Handel's Water Music** in a version for piccolo trumpet and organ.

**Rev. Montagnes's service on September 16, Finding Clarity**, will feature alternately probing and serene choral works by two great 20th Century American composers: **Aaron Copland's** *"Help Us, O Lord"*, written while he was a student of Nadia Boulanger, and **Irving Fine's** setting of Ben Jonson's *"Have You Seen the White Lilly Grow"*.

In describing *The Long View*, our service on September 23, Rev. Montagnes referenced the works of Chilean poet, Pablo Neruda, and we will take up a new work by Spanish composer **Martín José Rodrigo Peris**, his setting of Neruda's *"Para que tú me oigas"* (*"So you can hear me"*). Rounding out that service will be **Mac Huff** arrangement of The Beatles' *"The Long and Winding Road"*.

Finally, on September 30 we welcome **Whitney Walker**, Executive Director of VOICE-Buffalo to our pulpit. For her service, *Transforming the Future*, we'll turn to a gospel classic by **Moses Hogan**, *"Walk Together Children"*. This rousing anthem will be complemented by an ingenious work by **Leonard Bernstein**, whose centenary was celebrated on August 25, *"The Best of All Possible Worlds"* from his operatic setting of Voltaire's *"Candide"*.

# Beyond the Hedge: Denomination and Interfaith Connections

Sharon Walker

## Denominational News Restorative Practices

◇ Saturday, September 29, 2018

◇ UU Church of Amherst, 6320 Main Street Williamsville, NY 14221

**Covenant is the silk that joins UU congregations, communities, and individuals together in a web of interconnection.** The practice of promising to walk together is the precious core of our creedless faith. But what do we do when covenants are broken?

**Restorative practices, which involve the skilled use of Circles, provide an opportunity** to identify and address harms, restore relationships and mend community.

**Grounded in the practice of Compassionate Communication, this training** will give an overview of restorative practices, skills and will include hands-on Circle exercises to use what you've learned. We especially encourage Youth Leaders, Committees on Ministry and Church Boards to attend.

**Restorative Practices are grounded in familiar practices:** Youth Touch Groups, Covenant Groups, Chalice Circles, Non-Violent or Compassionate Communication.

### For Youth and Adults!

#### Values of Circles:

- Leadership is Shared
- Grounded in Mutuality
- Deep Listening
- Personal Connection
- Based on Respect and Accountability
- Inclusive



**Youth are welcome to attend this event.** A youth must attend with their parent or guardian or attend with a completed permission form and a sponsor. Download the form as a pdf or word document.

**Registration fee is \$30 per participant, and includes lunch.** If you are unable to pay the full amount, you can take a partial or full waiver. Please indicate this on the registration form.

### **Register Now**

**Registration deadline is September 26, 2018. Registration is capped at 40 participants.** If the form is no longer accepting submissions and we are not yet at the deadline, please contact Amy Kent, [akent@uua.org](mailto:akent@uua.org), to be placed on the wait list.

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## Board Development Days

◇ October 6

◇ Pullman Memorial Universalist Church, 10 E Park St, Albion, NY 14411

A day for congregational teams (board members and clergy) to explore and learn together.

- Are you looking for ways to build or rebuild trust within your congregation?
- What would it look like if your congregation moved from an “I” to “We” understanding of itself?
- Are there questions that could break open new possibilities in your congregation?
- What if it is not so much about our governance systems but who we are as leaders?
- How do we stay centered in times of change? And aren’t they all times of change?
- Would clarity about roles and responsibilities free up some new energy in your congregation?

Come explore these topics with others.

**Schedule:**

1:30 pm - Time for Individual Board Planning

4:30 pm - Share Plans and Closing

5:00 pm - Safe Travels!

Cost is \$15 per person. [Register Now](#)

Registration deadline is October 3, 2018.

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## UU Class Conversations: UUs getting real about privilege and access “Create Justice-Not Walls: Class and Race in UU Settings”

◇ A WNY Cluster Event hosted by UU Church of Buffalo – November 10, 2018; 9:30 am - 3:30 pm

Participants will explore:

- how class and classism, race and racism shape members’ lives, the life of the congregation, and its spiritual and social justice work;
- how people from different classes and races experience our faith;
- ways to make our congregations more inclusive;
- ideas for expanding our welcome tent and increasing congregational membership;
- how we can open our movement overall to wider participation.

Registration information to be announced soon.

For more information on this event please contact Sharon Walker at [uucb.wny.specevents@gmail.com](mailto:uucb.wny.specevents@gmail.com)



## The 192nd Annual Meeting of the New York State Convention of Universalists

October 19–20, 2018

[First Unitarian Universalist Society of Syracuse, 109 Waring Rd., Syracuse NY 13224](#)

**Keynote:** [Gretchen S. Sorin, Ph.D.](#) “Driving While Black: African Americans on the road in the days of Jim Crow”

All Unitarian Universalists are warmly invited to attend.

For more information and to register go [www.nyscu.org](http://www.nyscu.org)

## UUs in the News

### No More Deaths – *No Mas Muertes*

**No More Deaths is a humanitarian organization based in southern Arizona.** We began in 2004 in the form of a coalition of community and faith groups, dedicated to stepping up efforts to stop the deaths of migrants in the desert and to achieving the enactment of a set of Faith-Based Principles for Immigration Reform. We later developed into an autonomous project. Since 2008 we have been an official ministry of the Unitarian Universalist Church of Tucson.

**The mission of No More Deaths is to end death and suffering in the Mexico–US borderlands through civil initiative:** people of conscience working openly and in community to uphold fundamental human rights. Our work embraces the Faith-Based Principles for Immigration Reform and focuses on the following themes:

- Direct aid that extends the right to provide humanitarian assistance
- Witnessing and responding
- Consciousness raising
- Global movement building
- Encouraging humane immigration policy





# Faithfully Bringing Forth Justice

## Peace Conference and Peace Circle Practices

Sponsored by VOICE-Buffalo and the Erie County Restorative Justice Coalition

### Peace Conference, First Thursday of each Month

R Healin Center, 1057 Kensington Ave., Buffalo, NY 14215

September 6, 2018

Registration and refreshments at 5:00 pm

Peace Conference Practice; 5:30 pm - 7:30 pm

### Peace Circle, Second Tuesday of each month

UU Church of Buffalo, 2<sup>nd</sup> Fl. "Alliance Room", 695 Elmwood Ave.

September 11, 2018

Registration and refreshments at 6:00 pm

Peace Circle Practice; 6:30 pm - 8:30 pm

Wondering how you could help with creating alternatives to arrest and suspensions? Consider becoming a Peace Circle/Conference facilitator. Using Restorative Practices to create effective changes in our criminal justice system, Peace Circles build community while Peace Conferences can be used in situations where a harm has been done that needs repair. With that in mind, you are invited to experience and take part in our monthly Circle and Conference practice sessions that build community and take on real issues.



Information on training to become a certified facilitator is available at each session. For more information on the Peace Circles taking place at UUCB email

[uucb.wny.specevents@gmail.com](mailto:uucb.wny.specevents@gmail.com).

Find out more about VOICE activities by clicking the Newsletter button from the home page of the VOICE Buffalo website at <https://voicebuffalo.org>

## Women's Society Programs and Luncheons Resume Thursday, September 20

Our September speaker is Mary Kate O'Connell, founder of the O'Connell and Company theater company and creator of "DIVA by DIVA, a celebration of women." It is Western New York's longest running theater production. Mary Kate's talk is entitled "Discovering Your Inner Diva."



### On September 20

Refreshments are available at 11:00 am, Mary Kate's talk begins at 11:30 am and lunch is at 12:30 pm.

**Cost: for Mary Kate's talk only, the cost to non-Women's Society members is \$5 at the door. The cost of the luncheon is \$15 for Women's Society members and \$20 for non-members.** Lunch may be paid for on September 9 or 16 at the Women's Society table in the Parish Hall after the service or by mail. Send a check made out to "UUCB" to: Church Office, Unitarian-Universalist Church of Buffalo, 695 Elmwood Ave., Buffalo, NY 14222. Write "Women's Society September luncheon" on the memo line. **Your check must be received in the Church Office by noon on Friday, September 14.**

**Help your community - bring a non-perishable food item for the Food Pantry with you when you come to the talk and luncheon.**

## Save the Date! Covenant Group Ministry Pot-Luck ♦ Sunday, November 4th 5:00 pm – 8:00 pm Parish Hall

Join us for the annual Covenant Group Ministry Pot Luck on November 4th!

**Just be a member or friend of the church, with a dish or beverage to pass, and you're in!**

**Fellowship and food aren't the only things that will be shared.** We will answer all of your questions about Covenant Groups: What's a "covenant," anyway? Why do we have them? What happens during a typical session? Who leads the meetings? When do they happen? What on earth is "Deep Listening"?

**At dinner you will have the opportunity to meet new people,** including the facilitators of each group, and deepen relationships with old church friends. After dinner, we will experience a Covenant group session together. If you find it interesting and want some more of the experience, we will gladly find a place for you.

**To find out more about this event or Covenant Groups in general,** stop by the Welcome Table in the Parish hall or email us at [covenantgroups@buffalouu.org](mailto:covenantgroups@buffalouu.org).

**Hope to see you then!**



## A Covenant Group May Be Just What You Are Searching For

**The Covenant Group Ministry is preparing to welcome new members to our groups this Fall.** During Sunday worship services in October, group members will be sharing their reflections on their Covenant Group experiences. After each service, we invite you to spend time at the Covenant Group Ministry table in the Parish Hall to talk with group members and facilitators who can answer questions and register you for upcoming introductory events.

**Covenant groups are for both church members, as well as those who are considering whether UUCB may become their church home.** Each group, consisting of 8 committed members, with two trained facilitators, meets monthly. Topics relate to the monthly ministry theme and encourage deep reflection and broadening awareness of personal spirituality and connection to others both within the church and in the greater community.

**Each month, participation in a Covenant group offers the practice of presence,** the courage of compassion, and the gift of listening. We welcome each other as we return to the safe sacred space that we have created together, where we can reflect, share and deeply listen.

*“There is a quality of listening that is possible among a circle of human beings, who by their attentiveness to one another create a space in which each person is able to give voice to the truth of his or her life. There is the miracle of authentic narrative, made possible by listening that holds still long enough to let the truth be told. Where there is this kind of listening and speaking, a new kind of community is born - a community of life.”*

*Rebecca Parker, Unitarian Theologian*

**The Covenant Group program is an established small group ministry in UU churches all over the country.**

If you are interested in learning more, please stop by the Welcome Table during September where you can pick up a brochure and talk to a representative. Throughout October we invite you to spend time with us at the Covenant Group Ministry table. Save the date for our annual pot-luck on November 4. You may also contact us at [covenantgroups@buffalouu.org](mailto:covenantgroups@buffalouu.org).





## Wednesday Mornings with Michael

# *LEONARD BERNSTEIN: AMERICAN MAESTRO*

**Michael Harris, Instructor**

14 sessions in the UUCB Alliance Room

**Wednesdays, 9:30 am – 11:30 am, from September 5 to December 12 (No class session on September 19).**

**Registration: \$75 for course, or \$10 per session; make check payable to UUCB. To register or for more information, call the Church Office at 885-2136.**

In 1943, when the 25-year old Leonard Bernstein made his spectacular Carnegie Hall conducting debut with the New York Philharmonic, a new classical music star was born – proving that a native American could lead a major symphony orchestra. The multi-faceted Bernstein excelled, not only on the conductor's podium, but also as a pianist, composer, lyricist, essayist, educator and, famously, as an Emmy Award-winning television personality. In 2018, when we celebrate Bernstein's centenary, we'll take the full artistic measure of this musical genius. As the "West Side Story" song goes: *"Something's coming, something good!"*

### Week-by-Week Syllabus

Session One (September 5)	Becoming Leonard Bernstein – Youth, Education, Early Compositions
Session Two (September 12)	Overnight Sensation – Carnegie Hall Conducting Debut, <b>Symphony No. 1 (Jeremiah)</b> and <b>"Fancy Free"</b>
September 19	<b>Yom Kippur – No Class Session!!</b>
Session Three (September 26)	A Helluva Town! – Leonard Bernstein's New York – <b>"On the Town"</b> and <b>"Wonderful Town"</b>
Session Four (October 3)	Orchestral Lenny – <b>Symphony No. 2 (Age of Anxiety)</b> , <b>Facsimile</b> and <b>Serenade (after Plato's "Symposium")</b>
Session Five (October 10)	Bernstein on Stage and Screen – <b>"Peter Pan"</b> , <b>"The Lark"</b> and <b>"On the Waterfront"</b>
Session Six (October 17)	The Best/Worst of All Possible Worlds – <b>"Candide"</b>
Session Seven (October 24)	East Side/West Side/Worldwide – <b>"West Side Story"</b>
Session Eight (October 31)	Bernstein the Conductor Part I – New York Philharmonic Years
Session Nine (November 7)	Bernstein the Educator – <b>Omnibus</b> , <b>Young People's Concerts</b> and <b>"The Unanswered Question"</b>
Session Ten (November 14)	Bernstein the Conductor II – <b>"Mahler: His Time Has Come"</b>
Session Eleven (Nov 21)	The Jewish Bernstein – <b>Symphony No. 3 ("Kaddish")</b> , <b>"Dybbuk"</b> , <b>"Chichester Psalms"</b>
Session Twelve (November 28)	Things Get Broken: <b>"Mass"</b> and <b>"1600 Pennsylvania Avenue"</b>
Session Thirteen (December 5)	Bernstein the Conductor III – Freelance Years/Deutsche Grammophon
Session Fourteen (December 12)	The Personal Bernstein – <b>"Trouble in Tahiti"</b> , <b>"A Quiet Place"</b> and <b>"Arias and Barcarolles"</b>

## September Share-the-Plate Recipient The Mindfulness Alliance

The Mindfulness Alliance, a local not-for-profit, believes that mindfulness practices (e.g., meditation and mindful movement) have the power to unite people and foster positive social change. We provide a framework for how to combine the power of mindfulness practices and the power of community-building to advance individual and collective wellbeing. As part of the values-based revolution, our mission is to build a healthier more flourishing region where individuals, institutions, and systems embody more compassion, justice, and inclusivity. Together, the world we envision can become a reality. To learn more, visit us at [www.themindfulnessalliance.org](http://www.themindfulnessalliance.org), or contact Lisa Napora at [Lnapora@buffalo.edu](mailto:Lnapora@buffalo.edu).



## Renew Your Membership in the Women's Society (or Become a New Member)

**Membership dues are \$20.** Sign up at the Women's Society table in the Parish Hall after the service **beginning on September 9.**



## UUCB Book Group meeting Monday, September 24 at 7:00 pm

We'll be discussing **"White Teeth"** by Zadie Smith at our first meeting of the 2018-19 season. Newcomers who have read the book are always welcome to join us. Everyone who plans to come needs to tell our host-of-the-month, Beth at [bflobeth7@gmail.com](mailto:bflobeth7@gmail.com) so that she may plan for seating and refreshments.

### Looking ahead:

**October 29** at 2:00 pm

**"Things Fall Apart"** by Chinua Achebe

**November 26** at 7:00 pm

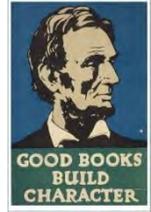
**"Wineburg, Ohio"** by Sherwood Anderson.

If you have any questions, please ask Ellen Gibson



## Women's Society Used Book Sale

We are looking forward to the annual book sale every spring, and are always collecting your books, i.e. hardbound and softcover books of all topics, children's and young adult books, art books, puzzles and games, books on CD. Please, no reference books or encyclopedias. If you have questions, contact Joyce Bol at [joukjebol@gmail.com](mailto:joukjebol@gmail.com).



## Turn your clutter into clear vision, better hearing, and renewed hope

Your Women's Society maintains a collection bin year-round to receive your un-needed eyeglasses, sunglasses and hearing aids. The bin is located in the Garden Entrance foyer on Sundays and in the Parish Hall during our Thursday luncheons September - April.



## Non-Perishable Food Items for the Food Pantry

Please Bring a Non-Perishable Food Item for the Food Pantry each time you come to church year-round. The donation box is in the Garden Entrance foyer.



**We gather in loving community ~ inspiring one another ~ to transform ourselves  
to create a more just and compassionate world**

# The Unitarian Universalist Church of Buffalo

695 Elmwood Ave. Buffalo New York 14222

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**A chalice alit since 1831**

**A sanctuary on the National Registry of Historic Places**