



August 5th-August 12th

Coming of Age

Martha Malkewitz

Our faith requires a willingness to examine tough topics and to challenge our self-created beliefs when needed. What do we teach our children that can help us maneuver through tough times? This morning's service draws from the Coming of Age curriculum we teach our 12 and 13 year-olds.

Every month our congregation joins over 140 Unitarian Universalist Congregations in exploring a single spiritual theme. For the month of May, we are asking: "What does it mean to be People of Creativity?"

Our Current Masking Status

Our church is currently open for in-person services, and masks are optional. We do ask that masks continue to be worn should you meet any of the following circumstances:

- You are not fully vaccinated;
- You are moderately-to-severely immunocompromised or have discussed the need to mask with your healthcare provider;
- You feel more comfortable wearing a mask for personal reasons;
- You have had a known COVID-19 exposure within the past ten days; or
- You have left isolation following a COVID-19 infection within the last five days.

We also ask that if you display any symptoms of COVID-19, please join us virtually until your symptoms subside, regardless of a negative COVID-19 test.

Our VIRTUAL YouTube link is <http://live.buffalouu.org>. Sunday services start at 10:30am. Past services can also be found at the YouTube link.

Unitarian Universalist Church of Buffalo - ORDER OF SERVICE - 8/7/2022

“Deep in our innermost core we yearn to be connected with the mystery we call God, or nature, or spirit. We yearn for the sense of oneness with each other and all creation, to know our place and our value. And often, we yearn for someone to show us how to get there, to direct us on the right path that will lead us on the way to a deeper spirituality.”

by Susan Manker-Seale

Bell

Prelude “Reflection” from Mulan by Matthew Wilder and David Zippel
Charlie DeRose - piano

Welcome and Announcements

Charlene Montgomery

Call to Worship

Chalice Lighting

We gather in loving community,
Inspiring one another,

To transform ourselves
to create a more just and compassionate world

Hymn #300 With Heart and Mind

Story for All Ages How did we get here?

Martha Malkiewicz

Offering

Musical Offering “Voi che sapete” from Le Nozze di Figaro - music by W.A. Mozart, text by Lorenzo da Ponte

Taryn Goehrig - voice, Charlie DeRose - piano

Reading Excerpt from “The Big Idea: Do We Still Need Religion?” by Robin Dunbar

Pastoral Prayer

Musical Reflection “Forever Young” by Jim Cregan, Kevin Savigar, Bob Dylan, and Rod Stewart
Charlie DeRose - piano

Sermon Coming of Age

Hymn #301 Touch the Earth, Reach the Sky

Extinguishing the Chalice

As we extinguish the flame of this chalice,
may we carry its light with us into the world,
in the power of peace, faith, justice and love.

Benediction

Postlude “Circle Game” by Joni Mitchell

Jessie Downs - voice, Charlie DeRose - piano

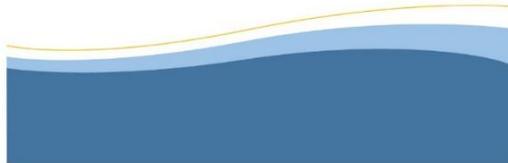


You can share an offering with the church through the following methods:

Donate via the church's Paypal account by going to www.buffalouu.org and clicking on the blue Donate! button.

OR

Send a check to the church by mail:
Unitarian Universalist Church of Buffalo
695 Elmwood Avenue
Buffalo, NY 14222
Please write "Pledge" or "Share the Plate"
on the memo line.



The congregation is governed by an elected [Board of Trustees](#). To reach them, please email board@buffalouu.org or attend their meetings. (3rd Wed at 7pm in the Alliance Room or via Zoom - <https://uuma.zoom.us/j/97736244745>)

Rev. Joan on Vacation

She will be on vacation from July 15-August 14.

August's Share the Plate Recipient: The Tool Library

The Tool Library is an all-volunteer local non-profit tool lending library. At The Tool Library, we believe that cost shouldn't be a barrier to fixing up your home, growing your own food, and improving your community. That's why our mission is to share the tools our neighbors need to create the change they want. Members can borrow from our inventory of over 4,000 tools for as little as \$20/year. We also host DIY workshops to share knowledge and to build skills. You can find more information about the Tool Library at <https://thetoolibrary.org/>

Nominations for Share the Plate

Share the Plate welcomes nominations for recipients for the 2021-2022 church year. Please send your ideas to Steve Wixson wixsonsg@gmail.com

Notice from The Board

Our gardens are in their mid-summer beauty and the BOT sends thanks to all those who keep the magic alive. We are able to again gather as a community choosing to mask or not based on our individual and family needs. The Board continues to focus on the financial issues of our time and of our Church. The Auction was a success because of the time and energy of you and the ceaseless hard work of that committee. Thank you! While it seems like our annual funding campaign never ended ... it did and come fall, the 2022- 23 campaign will begin again. The Stewardship committee doing this work needs volunteers and a renewed commitment from all of us. We will be engaging a Stewardship consultant from the UUA who will help guide us and help us Face the Challenge!! Stay tuned for more progress on this front. Enjoy the sun's warmth.

-Kate Bell Schwede for the Board of Trustees

Message From Thea Lona Hassan

Hello, & happy summer!

My name is Thea, and I recently had the privilege of joining the Board of Trustees for the church. I signed the membership book in November 2019, right before the pandemic, but I had been part of a covenant group at the UU for about a year prior. I have worked in non-profit communications for most of my career. Currently, I work remotely for a 52-year-old environmental organization, the Ecology Center, based in Ann Arbor, Michigan, and also support the national Alliance of Mission-Based Recycling. In addition, I have served on the Board of Trustees for the New York Bicycling Coalition and Hostel Buffalo Niagara.

In pursuit of joy & happiness, I spend as much time as possible outdoors, riding my bike, paddle boarding, gardening, hiking the beautiful parks and hills of New York, practicing yoga, and going on adventures with friends and family. Over the past few years, the Unitarian Universalist Church of Buffalo has brought connection, friendships, ritual, and comfort to my life, so it is my honor & pleasure to serve on the Board!

Gratefully,

Thea Lona Hassan

Music Ministry

This Sunday, guest pianist Charlie DeRose, Soprano Soloist Taryn Goehrig, and Music Director Jessie Downs will share pop, folk, and classical selections about “Coming of Age.” The service will begin with a piano rendition of “Reflection” - a song about struggling with one’s identity - originally from the movie Mulan and recorded by Christina Aguilera. At the Offertory, Taryn will present Mozart’s “Voi che sapete” from Le Nozze di Figaro, a comical ‘pants role’ aria in which a young boy asks the women of his household to explain to him what love is. As the Reflection, Charlie will play a piano version of Rod Stewart’s “Forever Young” as a blessing from the older generation to the younger. Lastly, Jessie will muse on the various stages of growing up in a performance of Joni Mitchell’s “Circle Game.”

Choir Notice

Do you enjoy singing? Are you looking for a supportive music-making community in which to share and grow your voice? Considered joining the UUCB Choir! If you are interested in learning more, please contact Jessie Downs - jdowns@buffalouu.org

Religious Education and Adult Faith Development News

If you are interested in participating or need more information about anything in this E-Blast please contact: jpond@buffalouu.org.

Message from the New Director of Religious Education, Jess Pond

Hello UUCB!

I am so excited and thankful to be joining this wonderful community here at the UU Church of Buffalo! As a lifelong UU, I have always had a strong passion for our principles of respect and dignity for all, advocating for social justice and anti-racism, and caring for our environment. I have been here less than a week, and I already have a sense of the warmth and compassion this congregation has for our principles, the Buffalo community, and each other. I am very much looking forward to working together to deepen our understandings of Unitarian Universalism, and to help new generations and new folks discover the message of our UU values.

Please contact me if you have any interest in participating in the Lifelong RE Program for any age group, if you have any questions, or just to say hi! The best way to contact me right now is

by email at jpond@buffalouu.org. I look forward to meeting more of you in the coming weeks as I settle into Buffalo!

Bright blessings,

DRE Jess

To register your child for the 2022-2023 Religious Education year, please complete this form:

<https://forms.gle/4LzWAX73L8vwNQWV6>

Pulpit Flowers Update

Would you like to honor a loved one with flowers? Anniversary, birthday, dearly departed. If you would like to sponsor the pulpit flowers for a Sunday service, please contact Sandra Bissontz at smp1127@yahoo.com to inquire or place an order.

Alas, pulpit flowers have succumbed to the effects of inflation. We were not aware that our supplier would tack on a \$10 delivery fee, so we are forced to raise our price to \$50. Hopefully, this will not deter future requests for pulpit bouquets for the upcoming fall season. Thank you for your patience and understanding, and of course, generosity.

Territorial Acknowledgement, Art, and Re-Empowerment

The Unitarian Universalist Church of Buffalo acknowledges that the ground upon which we meet rests on the traditional territory of the Hodinöhsö:ni' people, original nations of this land who continue to call for justice and self-determination. We encourage you to deepen your relationship to the indigenous people of this area by visiting this exhibit at the Buffalo History Museum.

Hodinöhsö:ni' Resurgence: Marie Watt, Calling Back, Calling Forward

The Buffalo History Museum | July 13 - October 30, 2022

Renowned Seneca artist Marie Watt and a co-creative team are testing the possibilities of Indigenous "resurgence," the action of reestablishing Indigenous power and presence, at our museum. At the center of the exhibit are a selection from Watt's diverse beadworks, textile works, and sculpture, as well as important objects from Seneca history. The exhibit will ask guests to consider the relationship of the museum to Indigenous communities and seek to facilitate indigenous re-empowerment. We can't wait to see you for this groundbreaking exhibit.

UUCB Fun & Fellowship Auction

BID NOW! – Artist’s Triangular Home & Studio Tour

Day: Saturday **Date:** August 20, 2022

Tour 1: 10:00 – 11:30 AM

Tour 2: 2:00 – 3:30 PM

Donor: Ben Perrone and Gerry Evans

Address: 133 School Street, 14213

Winners: **19 slots still available!**

Starting Bid - \$20 BUY NOW - \$30



Ben is graciously opening his home and studio for you to do a self-guided tour, including written information on his display of art pieces and collected artifacts. Ben will be available to talk with and answer questions while you enjoy a glass of lemonade/tea on the patio.

Art and Architecture have been dynamically blended by Ben Perrone’s vision in designing and building “the most modern house in Buffalo”. As well as being a steward for the Earth in creating an energy efficient home and studio, his art has involved “anti-war installations as well as projects supporting, enhancing and saving the environment.”

(check out the Buffalo Spree article from Nov. 30, 2020

https://www.buffalospree.com/home_garden/off-the-grid/article_57e7093c-3324-11eb-b7eb-cf11f3751573.html)

Claim your seat! Place your bid now by e-mailing aburkeharris@gmail.com

UUCB Fun & Fellowship Auction

BID NOW! – “Elegy for Ukraine”

Item Description:

This is a limited edition fine art reproduction of an original acrylic created by Maryellen McCone, member of Buffalo Society of Artists. This work is entitled "Elegy for Ukraine" depicting Ukraine's national flower, the sunflower. This is matted 11"x14".

Donor: Maryellen McCone

1 print available

Starting Bid: \$50.00

Minimum Bid Increment: \$10.00



PhotoScan by Google Photos

Place your bid now by e-mailing JVW61@aol.com

Willpower Institute
Maple Group
 Free Online Meditation Course

SUYANO INTERNATIONAL

America & Canada	Australia & New Zealand
Orientation : September 9	Orientation : September 10
Time : 4 pm - 6 pm PST 5 pm - 7 pm MST 7 pm - 9 pm EST	Time : Australia 9 am - 11 am New Zealand 11 am - 1 pm
Class Start : September 12	Class Start : September 13
Monday - Friday	Tuesday - Saturday
Time : 4 pm - 6 pm PST 5 pm - 7 pm MST 7 pm - 9 pm EST	Time : Australia 9 am - 11 am New Zealand 11 am - 1 pm

USA : (323) 685-2763 Canada : (780) 451-9535 Australia / New Zealand : 089-798-4608

willpowerinstituteusa.com, willpowerinstitute.com @willpowerinstituteusa.net Online Class VIA Zoom

FREE Online Meditation Course

Orientation: September 9th, 2022, 7:00-9:00 PM EST

Class Start: September 12th, 2022, 7:00-9:00 PM EST, Monday to Friday

Register:

https://docs.google.com/forms/d/e/1FAIpQLSeMEIz_hjiv2h94FE2UwVApbzK1InZrlqOtxyb6lQs_q9_PXfw/viewform

Do you want to learn more about how to meditate? Are you interested in establishing a formal meditation practice? This course is free and is open to anyone and any skill level. The teachings and technique come from Master Teacher Luangphor Viriyang Sirintharo, a Thai Theravadin Buddhist Monk.

Class meets every weekday online 7-9p EST from September to February. Join one class or take the whole course! Each class is about 1 hour of instruction and theory, followed by 30 minutes walking meditation and 30 minutes sitting meditation.

For more information: <https://www.willpowerinstituteusa.com/>

Questions? Email jdeclene@buffalouu.org

Is your loved one buried in the Memorial Garden?

There is a plaque in church on the right wall as you enter through the West Ferry doors. This plaque has the names of those whose remains of cremation (cremains) have been placed in the Memorial Garden. The last name on the plaque is Samuel Loliger, whose cremains were placed in 2014. If your loved one was buried in the memorial garden and their name is not on the plaque, please tell us at kelleranthony290@gmail.com.



Shelter located at 74 Hickory St. at Clinton

Buffalo Families Fund

Our community is coming together in powerful ways to help after the mass shooting on Buffalo's East Side. We serve over 50 families in the immediate area of the attack and more than 500 families in surrounding areas. Some of our families do not want to leave their homes or send their children to school because they are afraid. We know we can help to bring stability with our work. We need you to help meet their immediate basic needs and more. We are asking you to give gift cards from stores such as Tops, Wegmans, Save-a-Lot, Aldi's, Instacart or Amazon for food, diapers, formula, medications, cleaning supplies and other household and security-related items. You can also help with transportation with gift cards for fuel, Lyft or Uber. You can drop gift cards off to 844 Delaware Avenue, Buffalo, NY 14209 from 9am – 4pm. We are also asking for monetary donations that can go to help with (or assist with) requests to provide added safety measures to homes and more. Monetary contributions can be made to Child & Family Services' Buffalo Families Fund at cfsbny.org. Some of our families are still processing what they need as they try to get through each day. We will be here when they need us with your support. Give today to help bring comfort and security.

If you need extra support during this difficult time, Child & Family Services is here to help. Please call 716-842-2750 to talk to a counselor.

“

No Kid Sleeps on the Floor in our Town”



Our Women’s Society wishes to establish donating to Sleep in Heavenly Peace (SHP) as a year-round activity of our UU Church. Just as there is always a need for food donations 365 days a year, there continues to be a year-round need for bedding and bunk beds for the children of the Greater Buffalo area. Please continue to donate new, twin-size cloth mattress pads, sheet sets, comforters, blankets, and pillows. A corral for your donations has been placed in the foyer at our Garden entrance

. Thank you for your continuing support and generosity. The kids and their parents really appreciate your gifts

Food Not Bombs

Food Not Bombs is once again cooking at the UU on Tuesdays! They are looking for #5 containers with lids, as indicated in the triangle on the bottom of the container. Best containers are from restaurant take out, large yogurt, cottage cheese, Cool Whip, etc.



Donations Sought for Food Not Bombs

Buffalo Food Not Bombs is seeking donations of folding tables, bike carts, and food storage bins- if able to donate any of these, please speak with a participating UUCB member or [reach out to them through their Facebook page](#).



The Food Bank of WNY and Meals on Wheels for Western New York have joined forces to become FeedMore WNY! FeedMore WNY offers dignity, hope and a brighter future by providing nutritious food, friendship and skills training to its Western New York neighbors in need. [FeedMore WNY](#).

Click on the flyers and links below to read more about other upcoming events in the community



Unitarian Universalist Church of Amherst. UUCA is located at 6320 Main Street in Williamsville
[Read about their upcoming events and more in their newsletter](#)



[UUA News & Updates](#)

[UU World Blog](#)

**DEADLINES FOR ANNOUNCEMENTS
AND THE NEWSLETTER**

Weekly Announcements

eBlast and Order of Service announcements should be sent to announcements@buffalouu.org by NOON on Wednesday.
Full announcements are published in the eBlast; please send a 50 word/2-3 line version for the Order of Service.
eBlast is sent out every Saturday at noon.

Monthly Newsletter

Please send any announcements for the newsletter to newsletter@buffalouu.org by the 15th of the month.

Email any UUCB-related photos to office@buffalouu.org to be featured in future eBlasts!